

No sweat for Tjale at 21km race

ROD KNIGHT

XOLISA Tjale, running for Nedbank, was a comfortable winner in the Soul City Running Club's 21km race on Sunday when he entered the UJ grounds ahead of Michael Mazibuko.

Tjane won in a time of 1:07.33, some 42 seconds in front of Mazibuko, with the Ethiopian Degene Asafa, third.

In the women's race Lebo Phalula, running in the UJ colours was the stronger of the running twins, and finished in a respectable time of 1:20.46, ahead of Rene Kalmer, who has been running longer distances of late and could be a force to be reckoned with next year in the marathon distance. She won the Soweto Marathon recently.

Behind Kalmer was friend and close rival, the blonde bombshell, Irvette van Blerk, who has won many short distance races since her teenage years and she too can be quite a hit in longer distances in the future, but now is perhaps not her time to shine.

Lucky Mohale won the 10km from Enoch Manyani, with Maru Ondo third.

The Phalula twins made sure they took home all the prize money on offer from this race, when Dinarose won the 10km race. Her sister won the 21km event. Second was Helen Chiundu and Mabaseka Makanye was third.

